

## Caringhands Home Health Care Inc.

### About Us

Caringhands Home Health Care Inc. is a trusted Assisted living Services provider, serving the Minneapolis/St. Paul and its surrounding suburbs. Our main goal is to help maintain and improve our clients' current ways of living through our excellent brand of care. We aim to promote independence and freedom for them without compromising their current health condition.

Our skilled nurses, along with the rest of our team, have all gone through extensive background checks and rigorous training to guarantee that our clients only receive high-quality care from us.



[www.caringhandshhcmn.com](http://www.caringhandshhcmn.com)

## Contact Details



### Facility Address:

6714-92nd Bay South  
Cottage Grove, MN 55016

### Office Address:

2233 University Ave. West Ste. 330  
St. Paul, MN 55114



Phone : 651-207-8245

After Work Contact : 651-366-2730

Fax : 651-493-6975

Email: [info@caringhandshhcmn.com](mailto:info@caringhandshhcmn.com)

## MISSION STATEMENT

It is our mission at to enhance and maintain the health and wellness of our clients by delivering Assisted Living Services to our clients in a single family home style setting.



**CARINGHANDS**  
Home Health Care, Inc.



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Compassion, Excellence and  
**Reliability**

Call Us Today!

**651-207-8245**

Or email us at:

[info@caringhandshhcmn.com](mailto:info@caringhandshhcmn.com)

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## Assisted Living

You and your family deserve the best care that you can get. With us, you can expect to receive assistance and attention that are nothing short of excellent quality. Our professional nurses, along with the rest of our home health care personnel, will see to it that your current health condition is improved through the services we provide.

elderly woman and a caregiver smiling

Personalized care is guaranteed to be delivered. Whether it ranges from basic forms of assistance to complex situations, rest assured that we are able to perform the necessary actions needed to make life easier for you and your loved ones. We will be doing this through carefully assessing your current situation and then drafting a care plan that is perfectly suited to serve you best.

## Our Services

We provide assistance with daily living activities such as:

- Assisted Living
- Bathing
- Dressing and Grooming
- Preparing Meals
- Meal Planning (diet based on physician's recommendation)
- Feeding
- Mobility
- Making the Bed and Changing the Sheets
- Housekeeping
- Laundry
- Transfer
- Positioning
- Health Related
- Behavior
- Toileting

- IADLs
- Home Making
- People With Special Needs
- Adult Companion Services
- 24 Hour Emergency Assistance ( non - equipment )
- Independent Living Skills (ILS) , Training
- In-Home Family Support
- Individualized Home Supports ( IHS)
- Night Supervision
- Personal Support
- Positive Support Analyst
- Positive Support Professional
- Positive Support Specialist
- Respite Care Service , In Home

### Vision Statement

We envision comfortable home conditions for all our clients while managing their health, disability, elderly lifestyle and activities of daily living.

### Core Values

- Integrity
- Focus on Quality
- Conscientious Responsibility
- Patience
- Optimism



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